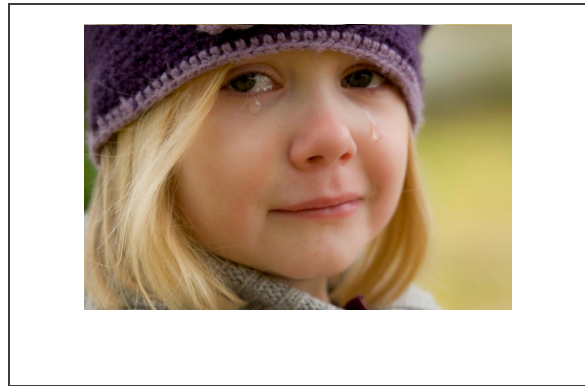


# Online TRAUMA TRAINING

Based on Voice Dialogue and the Energies of Selves  
with Judith Hendin

**Take a new look at trauma.  
Meet specific inner characters  
that illuminate trauma work.**



The Inner Hurt Child within the Adult

## **Discover crucial inner selves in trauma work**

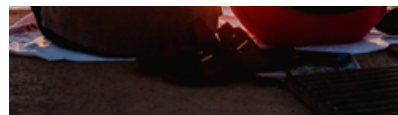
- Learn to facilitate selves that allow you to meet the Hurt Child, the self that holds the trauma.
- Use the principle of opposites to reveal conflicts in trauma issues.
- Meet unusual selves that are part of the trauma landscape.
- Allow the traumatized body to express its anguish.
- Apply this work to all types of trauma.

## **Who this training is for?**

- **Professionals** who want to integrate this approach into their current practice
- **Other professionals, students, and interested persons** who want to understand trauma better, from a Voice Dialogue perspective
- **Individuals on their own trauma journey** who want to gain insight through the lens



of selves and energies. *This training is not a way to fully process your own trauma; that would require individual attention.*



### **PREREQUISITE!**

**This training is only for people who already know Voice Dialogue, either through facilitating or receiving sessions. Basic Voice Dialogue will *not* be taught in this training -- we simply won't have time. You need to know about: primary and disowned selves, energetics, facilitation structure, and the Aware Ego Process.**

If you are interested in this approach to trauma, but do not have Voice Dialogue experience, [contact us](#) for further possibilities.

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## ***Information***

**Choose the training format that is most convenient for you:**

### **8 WEEKS**

**Thursdays, March 10 - April 28**  
**12-2:30 pm Eastern Time**  
(which is 9-11:30 am U.S. Pacific Time; or  
6-8:30 pm Central Europe Time, such as Italy)

Each meeting lasts about 2 1/2 hours

### **4 DAYS IN A ROW**

**Friday-Monday, April 1-4**  
**12 pm to 7 pm Eastern Time**  
(which is 9-4 U.S. Pacific Time; or 6 pm to 1  
am Central Europe Time, such as Italy)

Meet for 2 1/2 hours, take a long rest  
break, then meet again till 7 pm

### **COST FOR EITHER TRAINING FORMAT:**

Early Bird, by February 10: \$680

Full Fee, after February 10: \$780

**TO REGISTER FOR EITHER TRAINING FORMAT,  
CLICK HERE.**

**LOCATION: Zoom**

**RECORDINGS will be available for a few weeks after each class.**

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### ***Judith Hendin:***

*I am a senior Voice Dialogue trainer and facilitator, and have been in love with Voice Dialogue for 30 years. I served on the teaching staff of Hal and Sidra Stone, and of Shakti Gawain, and have led many*



*trainings in the U.S. and Europe. This trauma work has been developing for two decades, and I am glad to share it with you.*



[www.ConsciousBody.com](http://www.ConsciousBody.com)

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"Judith Hendin's teaching is excellent!  
We highly recommend her."  
**Hal & Sidra Stone**, originators of  
Voice Dialogue & the Psychology of Selves

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**TO REGISTER FOR EITHER TRAINING FORMAT,  
[CLICK HERE.](#)**

If you have questions, email [Judith Hendin](mailto:judith@consciousbody.com) or phone +1 (610) 330-9778.

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